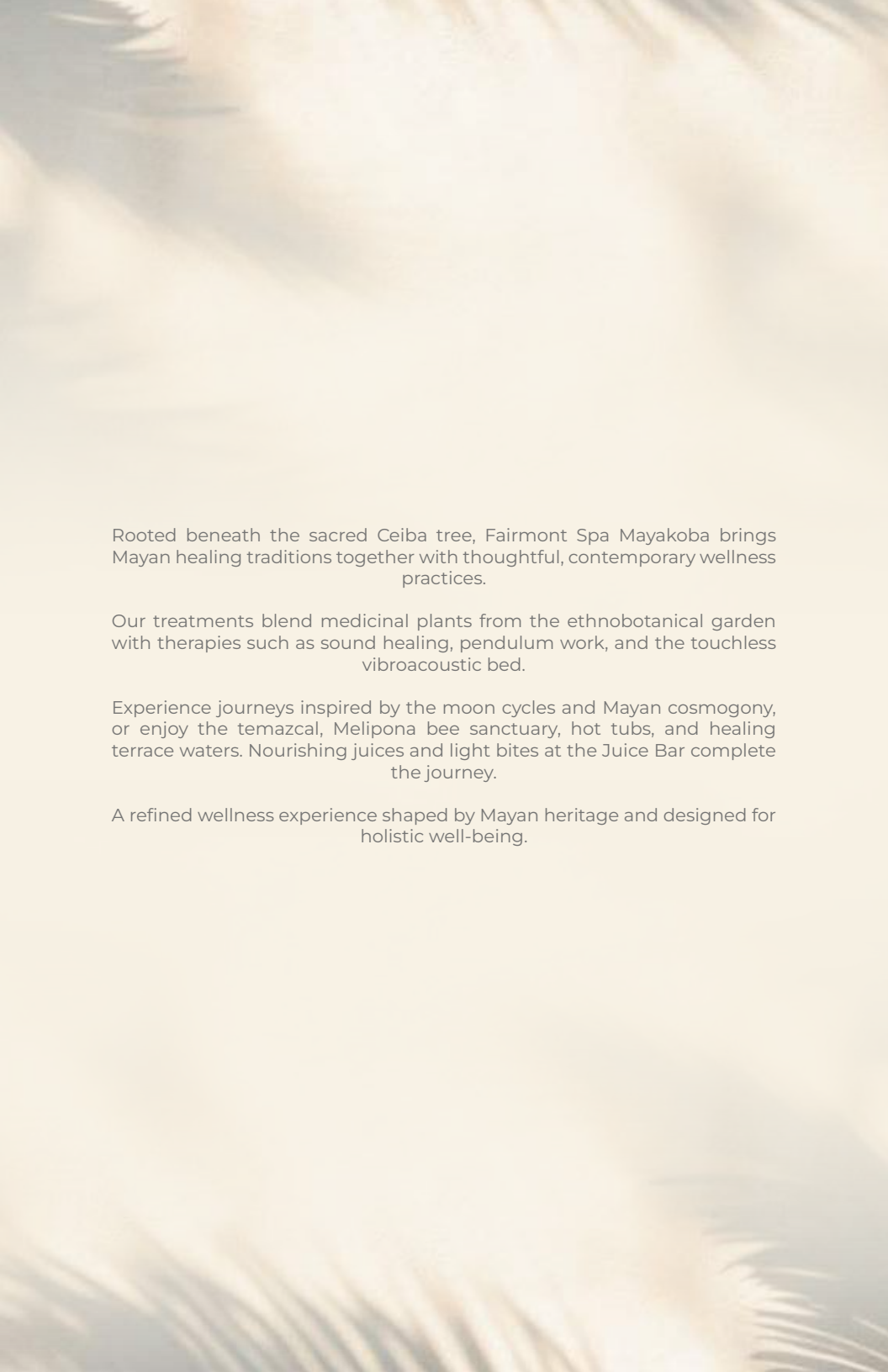




FAIRMONT SPA

MAYAKOBA





Rooted beneath the sacred Ceiba tree, Fairmont Spa Mayakoba brings Mayan healing traditions together with thoughtful, contemporary wellness practices.

Our treatments blend medicinal plants from the ethnobotanical garden with therapies such as sound healing, pendulum work, and the touchless vibroacoustic bed.

Experience journeys inspired by the moon cycles and Mayan cosmogony, or enjoy the temazcal, Melipona bee sanctuary, hot tubs, and healing terrace waters. Nourishing juices and light bites at the Juice Bar complete the journey.

A refined wellness experience shaped by Mayan heritage and designed for holistic well-being.

| SIGNATURE JOURNEYS |

Inspired by the ancient Maya and their belief in the restorative power of the moon's cycles, our Signature Journeys help bring the body and mind back into balance.

Thoughtful techniques and natural ingredients work together to ease tension, renew the skin, and leave you feeling restored.

All Signature Journeys can be taken alone or together.

New Moon Journey

Ground the body and restore balance with a leg and back massage that eases tension, followed by an herbal sweep to clear and harmonize the root chakra. A nourishing mini facial completes the experience, leaving you revitalized and connected to the stabilizing energy of the earth.

90 minutes

Crescent Moon Journey

Lighten the body and mind as steamed medicinal herbs awaken the senses and purify your energy. Invigorating joint movements dissolve blockages, followed by a soothing massage and hydrating finish that uplift and harmonize, leaving you renewed by the expansive element of air.

90 minutes

Full Moon Journey

Embrace clarity and emotional renewal with a calming guided meditation and refreshing sea salt exfoliation. A hot stone massage follows, echoing the gentle rhythm of waves to release tension and align you with the purifying, fluid lunar energy honored in Mayan tradition.

90 minutes

Waning Moon Journey

Invite transformation as warm candle wax blended with honey melts tension and softens the skin during a deeply nurturing massage. A purifying Vichy shower concludes the journey, helping release what no longer serves and creating space for renewed light, inspired by the waning moon of Mayan tradition.

90 minutes



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Pom, Copal Journey

Restore balance with a traditional copal and herbal cleansing, followed by a detoxifying Mayan clay body cleanse. A deeply relaxing hot stone massage completes the journey, encouraging circulation, serenity, and an elevated sense of spiritual clarity.

90 minutes

Cha' Cháak, Rain Journey

Inspired by Cháak, the Mayan rain god, this ritual begins with a blessing and copal smoke to release heaviness. A chaya-yuca-citrus body mask, revitalizing exfoliation, warm Vichy shower, and soothing massage harness the purifying power of water to refresh body and mind.

90 minutes

Yucatan Healing Journey

Reconnect with your partner through a customizable couples journey featuring a foot bath, locally inspired scrubs and masks, and a flower-infused soak. A side-by-side massage and a hydrating quartz-infused facial complete a journey designed to restore harmony and deepen shared well-being through gentle, intuitive energy work.

120 minutes

Temazcal Journey

A sacred ceremony inspired by ancient Mesoamerican traditions, where guided heat, aromatic herbs, and ritual create deep physical and energetic cleansing. The steam promotes detoxification, renewal, and profound relaxation, all within a private and intentional setting led by an experienced guide. An immersive journey of release, clarity, and rebirth.

A minimum of 4 people is requested to book this journey or ask us for private sessions.

90 minutes

| HOLISTIC EXPERIENCES |

Discover the restorative power of heat, minerals, vibration, and energy work through our Signature Holistic Experiences.

The warm quartz-sand bed calms the nervous system and supports deep alignment, while therapeutic sound frequencies and thoughtfully layered healing techniques nurture balance, clarity, and profound relaxation.

Itzamná Experience

Restore energetic balance as this intuitive treatment releases stored tension and realigns your natural vibration. Guided by a pendulum reading, the journey blends the quartz bed's soothing warmth with handcrafted herbal and cacao pindas to nourish, purify, and harmonize your energy.

75 minutes

Paajtal Experience

Rebalance body, mind, and spirit through a layered sensory experience on the warm quartz-sand bed. Aromatherapy, sound healing, and flowing therapeutic techniques dissolve tension and encourage inner harmony, culminating in a crystal-infused facial mask that leaves you deeply renewed.

90 minutes

Gold Alchemy Experience

Revitalize energy and promote deep relaxation as the quartz bed's gentle warmth harmonizes body and mind. A high-vibration sound bath enhances the experience, while KNESKO gold peptide-infused serum and body cream nourish the skin, leaving it radiant, luminous, and renewed.

90 minutes

Vibroacoustic Sound Therapy Experience

Experience deep relaxation as therapeutic vibrations and sound frequencies calm the nervous system, reduce stress, and promote restorative sleep. This touchless treatment unfolds on a gently vibrating bed and includes a soothing scalp, hand, arm, and foot massage for complete tranquility.

Ask us about options to further elevate this experience.

60 minutes



FAIRMONT SPA

| FACIAL THERAPIES |

Designed to restore radiance and balance, these facials combine advanced formulations with expert technique to deliver visible results. Each therapy is personalized to support skin health, improve tone and texture, and leave the complexion refreshed, luminous, and revitalized.

Advanced Lift & Firm Facial

A results-driven, anti-aging facial designed to visibly lift, firm, and smooth the skin. Enzymatic exfoliation and a sculpting massage refine contours, while a biocellulose mask with LED light boosts radiance and strengthens the skin barrier for a firmer, more youthful, and luminous complexion.

90 minutes

Purifying Detox Facial

Purify and revive fatigued skin with a detoxifying treatment that targets congestion, pollution, and early signs of aging. AHAs and customized boosters refine texture and brighten tone, while a soothing Gua Sha massage enhances circulation, leaving the complexion refreshed, hydrated, and deeply renewed.

75 minutes

Luminous Hydration Facial

Replenish moisture and restore radiance with potent botanical compounds and bioactive extracts. This nourishing facial revitalizes dull, tired skin, enhancing luminosity and leaving the complexion visibly brighter, dewy, and full of vitality.

60 minutes

Age-Defying Gold Repair Facial

An alchemy of science and spirit, this highly customized facial harnesses G-P8X™ Technology and plant stem cell extracts to strengthen and refine the skin. A collagen face mask, a signature serum blend and a sculpting facial techniques relieve tension, calm the mind, and restore energetic balance. The skin complexion appears firmer, luminous, and recharged from within.

60 minutes



FAIRMONT SPA

| MASSAGE THERAPIES |

Designed to release tension and restore balance, these treatments nurture the body through mindful touch and precise technique.

Drawing on natural elements and time-honored methods, each massage eases fatigue, improves circulation, and renews energy, leaving you centered, relaxed, and deeply restored.

These massage therapies are also available as a Couples Experience in one of our suites.

Tranquility Massage

A calming, full-body massage designed to ease tension and promote deep relaxation. Long, flowing techniques soothe the nervous system and restore harmony to both body and mind.

60 / 90 minutes

Muscle Recovery Massage

A deeply therapeutic massage focused on releasing muscle tension, enhancing circulation, and supporting recovery after physical activity. Ideal for those seeking targeted relief and improved mobility.

60 / 90 minutes

Sacred Warm Stone Massage

Warm volcanic stones melt muscular tension, soften tight tissue, and promote circulation for profound comfort. This restorative massage delivers deep relaxation and a soothing sense of release.

75 minutes

Back Massage

This targeted massage is designed to address tension held in the upper and lower back with rhythmic movements and mindful customized pressure promote muscular relief, supporting circulation, flexibility, and stress release. Leave feeling lighter, balanced, and deeply relaxed.

60 minutes



FAIRMONT SPA

| WELLNESS GUIDE |

We invite you to unwind and reconnect, please take a moment to read out guide to wellness.

The spa is a place of calm and renewal. To preserve the peaceful environment for all guests, we kindly ask that you speak softly and refrain from using mobile phones, cameras, or smoking while in the spa. We recommend leaving valuables in your guestroom safe, as the spa cannot be held responsible for lost items.

Health Considerations

Please inform our team of any medical conditions, allergies, or recent injuries before your treatment so we can ensure your comfort and safety. Consumption of alcohol before, during, or immediately after spa treatments is not recommended.

Your Experience

For your convenience, we provide all necessary amenities including towels, slippers, and shower caps. Throughout your treatment, you will be comfortably draped to maintain privacy and relaxation.

Reservations

Advance reservations are recommended to secure your preferred time. Walk-in appointments are welcomed subject to availability. To book, please contact the spa reception by dialling 560 from your guestroom.

Thermal Facilities

We invite you to extend your experience at Fairmont Spa Mayakoba before your 60+ minute treatment, a tranquil space to rest, reflect, and enjoy a moment of stillness.

Pregnancy

Please allow our team to guide you in selecting the most suitable treatments during this special time. We recommend consulting your physician prior to scheduling.

Gift Certificates

Share the Fairmont Spa experience with someone special. Gift certificates are available for purchase at the spa reception.

Age Requirement

Guests must be at least 18 years of age to enjoy spa services.

Arrival & Cancellations

To ensure the best experience, please arrive at least 30 minutes prior to your appointment. Late arrival may shorten treatment time as a courtesy to the next guest. A minimum of 24 hours' notice is required for cancellations; appointments cancelled with less notice will be charged in full.

Taxes, Service Charges & Gratuities

For your convenience, taxes and fees will be added to all spa services and packages. Please note that fees are subject to change. All prices are listed in US dollars, and the final billing will be in local currency (Mexican pesos) based on the daily exchange rate provided by the Hotel. Gratuities for exceptional service may be added to your bill when closing your account.

Hours of Operation

Spa facilities: 8:00 a.m. to 8:00 p.m.

Gym: 24 hours

Appointments available: 8:00 a.m. to 8:00 p.m.

Reservation telephone numbers:

Please call 01800-702-4848. At the hotel, dial ext. 560.

Advance reservations are recommended to offer you a great experience, based on your preferences. Coordinators will be happy to guide you through experiences that suit your needs.



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FAIRMONT SPA MAYAKOBA

For spa packages call 01800-702-4848.

